



**First/Last Name** \_\_\_\_\_

**Dining In**  **To Go**  **Time Requested** \_\_\_\_\_

(Please allow 15 minutes between order time and time requested. Thank you!)

**SALADS/WRAPS**

Salad \$7.75  Wrap \$8.75

**Pick 1:**

Spinach  Romaine

**Pick 3:**

Garbonzo Beans  Apple

Walnuts  Red Onion

Tomato  Olives

Pepperocinis  Egg (75¢)

Dried Cranberries (craisins)

**Pick 1:**

Cheddar  Provolone

Parmesan  Feta

**Pick 1 Dressing: (25¢ per extra)**

Ranch  Ceasar

Vinaigrette

**Meat: (\$1.50 per)**

Ham  Turkey  Chicken

Bacon

House Salad \$6.25

Chicken Ceasar \$7.75

Chef Salad \$7.75

**SANDWICHES \$7.50**

Hot  Cold

Dave's Killer bread

White Bread  Bagel

**Condiments:**

Mayo  Mustard

Dijon Mustard

**Pick 1:**

Bacon (\$1.50)

Ham  Turkey

Chicken  Pepperoni

**Pick 1:**

Cheddar  Provolone

**Pick 3:**

Tomato  Red Onion

Lettuce  Pickles

Olives  Pepperocinis

Egg (75¢)

Pizza Bagel \$4.50

Turkey Club \$7.50

Breakfast Bagel \$5.75

Grilled Cheese \$3.75

Hot Dog \$3.75

PB & J \$3.75

**PIZZAS**

**Margarita \$6.50**

(Tomato Sauce, Mozzarella & Basil)

**Chicken Ranch \$7**

(Ranch, Mozzarella, Grilled Chicken)

**Pepperoni \$6.50**

(Tomato Sauce, Mozzarella, Pepperoni)

**Cheese \$6**

(Tomato Sauce, Mozzarella)

**SMOOTHIES**

16oz (\$3.50)  20oz (\$4)

**Flavor (choose 1):**

Strawberry

Carribean

Raspberry

Mango

Wild Berry

Bari Smoothie

(Chocolate, Peanut Butter, Banana, Espresso)

Power Green Smoothie

(Kale, Spinach, Mango, Peach)

**Add ons: (\$1 per)**

Banana

Green Apple

Peanut Butter (50¢)

Protein (whey)

Protein (plant)

Protein (PBfit)

Dark Chocolate Powder (100% cacao)

Hershey's Chocolate Syrup

**ESPRESSO**

Hot  Iced

12oz  16oz

16oz  20oz

20oz

**Milk:**

Non-fat  2%

Soy (50¢)  Almond (50¢)

Americano  Latte

Mocha  Cappuccino