

JUANITA BAY SMALL POOL SCHEDULE

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY									
5:00 AM	Therapy Pool Access 5am-9am		Therapy Pool Access 5am-8am		Therapy Pool Access 5am-9am		Therapy Pool Access 5am-8am		Therapy Pool Access 5am-9am		Therapy Pool Access 6am-9am		Therapy Pool Access 6am-9am									
6:00 AM																						
7:00 AM																						
8:00 AM			Cardio H2O 8am-9am		Hydro Health: Gentle Moves 8am-9am																	
9:00 AM	Aqua Zumba 9am-10am		Therapy Pool Access 9am-10am		Cardio H2O 9am-10am		Therapy Pool Access 9am-10am		Hydro Health 9am-10am		Swim Lessons 8am-7pm 1/3 of Pool Family Swim 9am-7:30pm 2/3 of Pool Swim Lessons 9am-7pm 1/3 of Pool Family Swim 9am-7:30pm 2/3 of Pool											
10:00 AM	Swim Lessons 10am-8pm 1/2 of Pool	Family Swim 10am-11am 1/2 of Pool	Swim Lessons 12pm-4pm 1/2 of Pool	Programming Partnership 10am-2pm	Family Swim 10am-11am 1/2 of Pool	Swim Lessons 10am-11am 1/2 of Pool	Family Swim 10am-11am 1/2 of Pool	Swim Lessons 10am-2pm	Programming Partnership 10am-12pm													
11:00 AM		Programming Partnership 11am-12pm				Programming Partnership 11am-12pm	Aqua Zumba 11am-12pm															
12:00 PM		Family Swim 12pm-8pm 1/2 of Pool				Family Swim 12pm-8pm 1/2 of Pool	Swim Lessons 10am-8pm 1/2 of Pool	Family Swim 12pm-8pm 1/2 of Pool	Swim Lessons 12pm-4pm 1/2 of pool				Swim Lessons 10am-2pm	1/2 of Pool								
1:00 PM									Swim Lessons 12pm-4pm 1/2 of pool													
2:00 PM									Family Swim 2pm-4pm 1/2 of Pool	Family Swim 2pm-4pm 1/2 of Pool			Swim Lessons 10am-8pm 1/2 of Pool	Family Swim 12pm-8pm 1/2 of Pool	Swim Lessons 12pm-4pm 1/2 of pool	Swim Lessons 10am-2pm	1/2 of Pool					
3:00 PM																						
4:00 PM																						
5:00 PM									Swim Lessons 4pm-7pm				Swim Lessons 10am-8pm 1/2 of Pool		Family Swim 12pm-8pm 1/2 of Pool		Swim Lessons 10am-2pm	1/2 of Pool				
6:00 PM																						
7:00 PM																						
8:00 PM									Family Swim 8pm-10pm				Family Swim 7pm-10pm		Family Swim 8pm-10pm		Family Swim 7pm-10pm		Family Swim 8pm-10pm		Pool and Aquatic Center close 30 minutes before Club closure.	
9:00 PM																						

For questions regarding aquatic programming, please email Aquatic Director Drew Whorley at drew@columbiaathletic.com.

