



Pine Lake 2025 Summer Swim Programs

Summer Group Swim Lessons

Monday – Thursday (2-Week Intensives)

Our two-week intensive program is crafted to accelerate the development of swimming skills and enhance endurance for participants. With sessions spanning just two weeks, the program offers flexibility, particularly during the summer months. Participants also have the option to enroll in multiple sessions concurrently.

Session 1: June 30 – July 10

Session 3: July 28 – August 7

Session 2: July 14 – 24

Session 4: August 11 – 21

Ages: 4 – 14

Fees: \$152 + tax Member/\$200 + tax Non-member

Registration Opens June 2nd at 10am

TIME	LEVELS				
10 – 10:30am	L5	L6	L2	L1	
10:30 – 11am	L3	L4	L2	L1	L3
11 – 11:30am	L3	L6	L2	L1	
11:45am – 12:15pm	L4	L5	YB	L2/3	L3
12:15 – 12:45pm	L2/3	L1	L4	L1	
12:45 – 1:15pm	L5	L3	L2	L2	L2/3

Saturday Classes

Our Saturday group lessons provide a diverse range of swim programs, catering to various age groups from parent-tot to adults. These sessions prioritize comfort and safety in the water over endurance, offering a less intense pace. Conducted weekly, our Saturday group lessons are designed for a more relaxed learning experience.

Session 1: June 28 – July 26 (5 Classes)

Session 2: August 2 – 30 (5 Classes)

Ages: 6 months and up

Fees: \$90 + tax Member/\$125 + tax Non-member

Registration Opens June 2nd at 10am

TIME	LEVELS		
9:15 – 9:45am	L5	L6	L5
9:45 – 10:15am	L4	L4	L2/3
10:15 – 10:45am	L2/3	L3	L2
11 – 11:30am	YB	L1	L3
11:30am – 12pm	Parent-Tot	Adult Beg.	Adult Int.

Summer Swim Team

The Summer Piranhas Swim Team offers a non-competitive, endurance-focused program. Pricing is for the entire 6 weeks. Swimmers may attend as many days of the week as they like. The program culminates with an end-of-summer “mock meet,” providing valuable swim team experience. All swimmers need to submit a registration form for Summer Swim Team. This can be found on our website under Youth Aquatics.

Registration opens June 2nd at 10am.

Dates: June 30 – August 7

Ages: 8 – 18

Fees: \$180 + tax Member/\$225 + tax Non-member

Tryout Dates: Friday, June 6, 4–6pm & Saturday, June 7, 12 – 2pm.

All Swimmers who have not participated in our School Year swim team will need to schedule a tryout. Contact plcaquatics@columbiaathletic.com with questions, or the activities desk to schedule a tryout.

TIME	DAYS	LEVELS
8 – 9am	Monday – Thursday	GROUP 4 (ages 13 & up)
8 – 9am	Monday – Thursday	GROUP 3 (ages 11 – 12)
9 – 10am	Monday – Thursday	GROUP 2 (ages 9 – 10)
9:15 – 10am	Monday – Thursday	GROUP 1 (ages 8 & under)
MOCK MEET	Sunday	JULY 27, 10am – 2pm

Pine Lake 2025 Summer Swim Programs *continued*

Stroke Clinics

Looking for additional stroke refinement post-swim team season? Join our weekly series of stroke clinics throughout August, ensuring your skills stay sharp for year-round swimming. The first week will concentrate on freestyle, followed by backstroke in the second week, breaststroke in the third week, and butterfly in the final week. Registration is flexible, allowing you to sign up for multiple weeks or select only the ones that pique your interest.

Days: Monday – Thursday

Ages: No age requirement, just skill requirement

Fees: \$100 + tax Member/\$140 + tax Non-member (per week)
(Max. Capacity of 10)

Registration for stroke clinics opens July 7th at 10am.

WEEK	DATE	TIME
Week 1- Freestyle	August 4 – 7	4:30 – 5:30pm
Week 2- Backstroke	August 11 – 14	4:30 – 5:30pm
Week 3- Breaststroke	August 18 – 21	4:30 – 5:30pm
Week 4- Butterfly	August 25 – 28	4:30 – 5:30pm

Swimmer Must Be Familiar With All Strokes: Freestyle, Backstroke, Breaststroke, Butterfly. Swimmer Must Be Able To Swim 25 Yards Without Stopping.

PRIVATE/SEMI-PRIVATE SWIM LESSONS

To Request a Summer Private Swim Lesson please download the Summer Private/Semi-Private Swim Lesson Request Form and send to us at plcaquatics@columbiaathletic.com.

Private Lesson Rates:

Fees: \$42 + tax/half hour Member
\$54 + tax/half hour Non-member

Semi Private Lesson Rates:

Fees: \$48 + tax/half hour Member (\$54 per swimmer)
\$68 + tax/half hour Non-member (\$34 per swimmer)

For more information or to register contact us at plcaquatics@columbiaathletic.com.



Summer Adult Learn To Swim Boot Camp

This year, we're excited to offer an afternoon Adult Learn-to-Swim BOOT CAMP designed for both beginners and intermediate swimmers! Each session will feature 45-minute lessons in a small group setting. Whether you're starting your swim journey or looking to refine your technique, this series is perfect for you!

Ages: 14

Fees: \$160 + tax Member/\$208 + tax Non-member
(per 2 week session)
(Max. capacity of 5 adults per level)

Registration Opens July 7th at 10am

LEVEL BREAKDOWN:

Beginner 1: Swimmer has no experience with water/ swimmer cannot float or swim face down

Beginner 2: Swimmer has little to no experience with freestyle, backstroke and breaststroke

Intermediate: Swimmer is familiar with freestyle, backstroke and breaststroke and looking to expand endurance as well as learn butterfly stroke.

DATE	TIME/LEVEL
August 4 – 14	5:30 – 6:15pm (Beginner 1, 2 & Intermediate)
August 18 – 28	5:30 – 6:15pm (Beginner 1, 2 & Intermediate)



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