

## Tennis Department

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### Private/Semi-Private Lessons

For those who like to learn in a one-on-one or smaller group atmosphere, private and semi-privates are available. Contact the individual Pro directly or contact Tennis Director Mark Bergman for assistance.

#### Rates for all Pros:

	Tennis Member	Athletic Member	Non-member
Private (1 hour)	\$88 + tax	\$93 + tax	\$108 + tax
Private (1/2 hour)	\$49 + tax	\$52 + tax	\$56 + tax
2 Person Semi-Private	\$49 + tax pp	\$52 + tax pp	\$56 + tax pp
3 Person Semi-Private	\$36 + tax pp	\$39 + tax pp	\$42 + tax pp
4 Person Semi-Private	\$29 + tax pp	\$32 + tax pp	\$35 + tax pp

### Policies

Group Lessons – Sign-up for group lessons directly with the front desk, or by filling out our registration request form online. All group lessons must be paid in advance. Refunds for temporary illness or vacation are not allowed. Students may “drop in” on a space available basis. Non-members are on a wait list until the first day of class.

Private Lessons – Sign up for private lessons directly with the Pro. Cancellations must be made 24 hours in advance to avoid being billed for a lesson. Pros will encourage scheduling private lessons during non-primetime hours.

Payments – We accept cash, check, Visa, MasterCard, Discover, American Express and house charges.

For more information please call:  
**425.745.1617**  
[www.columbiaathletic.com](http://www.columbiaathletic.com)

# Silver Lake Tennis Winter/Spring 2026

## Lessons & Programs



**COLUMBIA**<sup>®</sup>  
athletic clubs  
[www.columbiaathletic.com](http://www.columbiaathletic.com)

## Weekly Tennis Programs

All weekly programs cost \$2+ tax per program

### Ladies Night – Mondays, 7pm

**Format:** Doubles

**Levels:** 2.5 – 3.5

**Sign-up:** Front desk, up to 1-week in advance

### Men's Night – Wednesdays, 7pm & 8:30pm

**Format:** Doubles

**Levels:** 2.5 – 4.0

**Sign-up:** Front desk, starting on preceding Monday

### Saturday Morning Tennis – Saturdays, 8:30am

**Format:** Doubles/Mixed Doubles

**Levels:** 2.5 – 4.0

**Sign-up:** Front Desk, starting on preceding Wednesday

### Sunday P.M. Tennis – Sundays, 5:30pm

**Format:** Doubles/Mixed Doubles

**Levels:** 2.5 – 4.0

**Sign-up:** Front Desk starting on proceeding Thursday

## Special Events/Programs

- **Tennis Mixers:** Quarterly
- **Tournaments:** Throughout the year
- **USTA Leagues:** Throughout the year
- **Ladies CUP Leagues:** September through February
- **Matchmaking:** (finding players of similar ability) Contact Tennis Director
- **Tennis Email Club:** Contact Tennis Director to be added
- **Club Ladders**
- **Online Reservation System**



## Adult Group Lessons

Adult group lessons are designed to develop and improve basic tennis skills and strategies. Each class is tailored to the ability of the participants and will progressively work toward steady improvement in both singles and doubles. The higher the skill level typically brings on faster paced drills. Generally there are six players per class, except for *Cardio Tennis*, which can take more players. *Live Ball* is a fast-paced doubles workout similar to *Cardio Tennis* in terms of keeping your heart rate up. Please contact the instructor directly for questions.

Ability	Time	Instructor
Adult Beginner	Sundays, 11am – 12pm	Dan Lum
Cardio Tennis**	Thursdays, 8:45 – 9:45am	Mark Bergman
2.5 Workout	Sundays, 10 – 11am	Dan Lum
3.0 Workout*	Fridays, 8:30 – 10am	Mark Bergman
3.0 Workout	Sundays, 1 – 2pm	Dan Lum
Live Ball 3.5 +**	Mondays, 10 – 11:30am	Mark Bergman
Live Ball 3.0 – 3.5**	Wednesdays, 9 – 10am	Mark Bergman
Live Ball 2.5 – 3.0**	Tuesdays, 10 – 11am	Mark Bergman
Live Ball 4.0**	Thursdays, 7 – 8:30pm	Erick Natividad

### Tennis Member Fees

\$24 + tax per class

\*\$33 + tax per class

### Athletic Member Fees

\$28 + tax per class

\*\$39 + tax per class

### Non-member Fees

\$31 + tax per class

\*\$43 + tax per class

### \*\*Cardio Tennis/Live Ball (per class)

\$22 + tax Tennis Member (60 minutes)

\$25 + tax Athletic Member (60 minutes)

\$27 + tax Non-member (60 minutes)

\$32 + tax Tennis Member (90 minutes)

\$37 + tax Athletic Member (90 minutes)

\$40 + tax Non-member (90 minutes)