

Youth Tennis

Junior Lessons Offered 7 Days a Week

Our goal is to teach both technical and tactical mastery of tennis through process-based instruction. Our athletes will become students of the game, learning not only what to do but why it is effective. Goals will be set both in the short and long term for students.

Our instructors are trained to both teach your child how to play the game, and also how to fall in love with the sport. Students will be moved up a level at instructor recommendation, after showing they have mastered what each class has to offer. We do like to keep some groups of students connected who train well together. Come join us!

Registration request forms are available online. You can also register in person, or by email to Dusko at dusko@columbiaathletic.com. Please note a credit card or check must accompany registration forms in order to be entered into any class. Thus we will need to connect by phone or in person to have your credit card inputted into your guest account.

Our Activities Desk can also help you:

Monday – Friday, 9am – 1pm
Monday–Thursday 4 – 7pm
Saturday, 9am – 12pm

Session Dates:

Session 7: February 28 – March 27

Session 8: March 28 – April 30 (no class April 10–16)

Session 9: May 1 – 29

Session 10: May 31 – June 19

Class Descriptions:

Quick Start

For young children looking to begin their tennis journey in a fun and exciting atmosphere. Players will learn basic physical skills and begin to learn the fundamentals of tennis. Groups are split up by age.

Quick Start 1: Ages 4 – 6

Days: Mon. 5pm, Wed. 3:30pm, Fri. 5pm, Sat. 2:30pm

Fees: \$89 TM/\$115 AM/\$134 NM

Quick Start 2: Ages 7 – 10

Days: Mon. 5:45pm, Wed. 4:15pm, Fri. 5:45pm, Sat. 3:15pm

Fees: \$114 TM/\$148 AM/\$170 NM

Level 1

For beginner players. Players work on coordination, agility as well as being introduced to basic stroke fundamentals. Introduction to rallying and competitive point play. No previous tennis experience required.

Ages: 11 & up

Days: Mon. 4pm, Tue. 4:45pm, Wed. 5:15pm, Thurs. 4:45pm,
Sat. 1:30pm

Fees: \$114 TM/\$148 AM/\$170 NM

Level 2

For players who have progressed past the basic technique and are ready to move into more point play and rallying situations. Players will be taught basic strategy and while continuing to work on their fundamentals of hitting and rallying.

Ages: 11 – 14

Days: Tues. 5:45pm, Wed. 5:45pm, Thurs. 5:45pm, Sun. 3:15pm

Fees: \$114 TM/\$148 AM/\$170 NM

Level 3

For high JV or low Varsity level players. Practices are focused on making players more competitive through further technique development, fitness training and introductions to advanced strategy.

Ages: 14 – 18

Days: Tues. 3:30pm, Thurs. 3:30pm, Fri. 3:45pm, Sun. 4:15pm

Fees: \$134 TM/\$170 AM/\$192 NM

Key: TM = Tennis Member, AM = Athletic Member, NM = Non-member



Youth Tennis Registration Form

Check Days and Write in Session Below

Quick Start 1: Ages 4 – 6

Mon. 5pm___ Wed. 3:30pm___ Fri. 5pm___ Sat. 2:30pm___

Session#: _____

Quick Start 2: Ages 7 – 10

Mon. 5:45pm___ Wed. 4:15pm___ Fri. 5:45pm___ Sat. 3:15pm___

Session #: _____

Level 1: Ages 11 & up

Mon. 4pm___ Tue. 4:45pm___ Wed. 5:15pm___ Thurs. 4:45pm___ Sat. 1:30pm___

Session #: _____

Level 2: Ages 11 – 14

Tues. 5:45pm___ Wed. 5:45pm___ Thurs. 5:45pm___ Sun. 3:15pm___

Session #: _____

Level 3: Ages 14 – 18

Tues. 3:30pm___ Thurs. 3:30pm___ Fri. 3:45pm___ Sun. 4:15pm___

Session #: _____

Registration Form DUE 48 HOURS BEFORE 1ST CLASS

Name (First & Last): _____ Male Female DOB: ____ / ____ / ____ **Circle One**

Parent Name: _____ Address: _____ Tennis Member

City: _____ Zip: _____ Athletic Member

Phone: _____ Email: _____ Non-member

Emergency Contact: _____

Medical Conditions: _____

The Undersigned, undersigned's children, heirs or guests hereby waive and release any and all claims for damages, liabilities, suits, costs or actions against the owner, employees or partners of Columbia Athletic Clubs. The guest agrees that all use of the Columbia Athletic Clubs Facilities shall be at the sole risk of the Guest and the Club shall not be liable in any fashion for injury, damage(s) or loss of articles for the duration of the Tennis session.

Signature: _____ Date: _____

Dusko Andreic, Tennis Director | dusko@columbiaathletic.com | 425.313.0123
Columbia Athletic Clubs - Pine Lake • 2930 228th Ave SE • Sammamish WA 98075

Please contact Activities Desk to add a credit card on file prior to the start of your session - plactivities@columbiaathletic.com

***Club use only:**

Compete account created: _____ CC on file: _____ Enrolled by: _____

