

# Youth Programs

## November Programs

### Monthly Kids Night Out!

Come join us for our monthly Kids Night Out! Staff will organize games in the gym, make a fun craft, enjoy pizza in the Group Ex Room, then off to the pool we go! It's going to be a BLAST! Don't forget your Swimsuits and Floaties! Please sign up at the front desk!

**Dates:** November 16, December 14, January 18, February 15

**Time:** 4–8pm

**Ages:** 5–10

**Fee:** \$40 + tax Member  
\$50 + tax Non-member

## December Programs

### Winter Break Camps

Come join our Winter Break Camps! Enjoy exciting indoor and outdoor games, create festive winter crafts, and take part in open swim sessions in our heated indoor pool. We are offering full week and single day options. Please sign up online or through the front desk!

**Camp #1:**

**Dates:** December 26 & 27, 9am–3pm

**Ages:** 5–10

**Fees\*:** \$150 + tax Member  
\$170 + tax Non-member

**Camp #2:**

**Dates:** December 30–January 3, 9am–3pm (no camp 1/1)

**Ages:** 5–10

**Fees\*:** \$300 + tax Member  
\$340 + tax Non-member  
\*\$80 + tax M/\$100 + tax NM per day

### Cookies with Santa!

You're invited to Cookies with Santa! Join us for our Complimentary Members Social on Friday, December 20th, from 5 to 6pm. We'll be decorating Christmas cookies and capturing special moments with Santa. Don't miss out on the festive fun!

## Complimentary Programs

### Kid Movers

Meet, greet and sign in with the program staff in the gym. Program staff will organize a variety of gym activities like tag, duck, duck goose, red light/green light, fire in the forest and lots more!

**Day:** Saturdays, 9–9:45am

**Ages:** 3–5

### Turbo Kids

Meet, greet and sign in with the program staff in the gym. Learn how to juggle, jump rope and play lots of tag games in the gym. Staff will organize activities that are age appropriate for the participants who are enrolled for the class.

**Day:** Saturdays, 10–11am

**Ages:** 6–10

### Open Gym

Open gym classes are times that the gym is reserved for Members only to come for that specific activity, not supervised by a CAC Staff. No sign ups necessary.

For pick-up basketball/volleyball/pickleball, the Basketball Gym is reserved for members only to show up and play that sport during the designated time frame. No sign ups necessary.

### Open Gym pick-up Basketball:

**Days:** Tuesdays & Thursdays, 5:30–7:30pm

Fridays, 6:15–8pm

**Ages:** 14 & older

### Open Gym pick-up Pickleball:

**Days:** Wednesdays & Fridays, 11am–12:45pm, Sundays, 10am–12pm

**Ages:** 10 & older

### Open Outdoor pick-up Pickleball:

**Days:** Tuesdays, Thursdays & Sundays 11:30am–1:30pm (weather dependent)

**Ages:** 10 & older

### Open Gym pick-up Volleyball:

**Days:** 2nd and 4th Sunday of every month, 4–6pm

**Ages:** 12 & older

**Kid Friendly Gym Time:** We will lower our front court hoops Wednesdays 4 to 6pm. Bring your kids and shoot some hoops.

## Pickleball

### Pickleball Private Lessons

60 minute private lessons available with Pickleball Rick.

**PRIVATE:**

**Fees:** \$45 + tax Member  
\$60 + tax Non-member

**2–3 PERSON GROUP PRIVATE:**

**Fees:** \$42 + tax Member (per player)  
\$57 + tax Non-member (per player)

**4–8 PERSON GROUP PRIVATE:**

**Fees:** \$39 + tax Member (per player)  
\$54 + tax Non-member (per player)

Please email our Programs Director to schedule your lesson.

[Natalias@columbiaathletic.com](mailto:Natalias@columbiaathletic.com)

