

CAC - SILVER LAKE GYMNASIUM SCHEDULE MAY

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	HALF GYM RESERVED	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available		
6:00 AM	FULL GYM RESERVED Core Bootcamp Family Friendly 5:30-7am						
7:00 AM	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available
8:00 AM							
9:00 AM	HALF GYM RESERVED Pickleball Private Lessons	HALF GYM RESERVED Kids Club gym play time	FULL GYM RESERVED Pick-Up Pickleball (Ages 10+) 11:00am-1:00pm	HALF GYM RESERVED Kids Club gym play time	FULL GYM RESERVED Little thinkers gym time	HALF GYM RESERVED Kid Movers Ages 3-5yrs 9-9:45am	FULL GYM RESERVED Pick-Up Pickleball (Ages 10+) 10:00am-12:00pm
10:00 AM					FULL GYM RESERVED 9:45am-1:30pm		
11:00 AM	FULL GYM RESERVED Half Gym Pick-Up Pickleball (Ages 10+) 11:00am-1:00pm	Open Gym Available	FULL GYM RESERVED Pick-Up Pickleball (Ages 10+) 11:00am-1:00pm	Open Gym Available	Beginning pickleball 10-11:30am	Open Gym Available	Open Gym Available
12:00 PM	Half Gym Pickleball Privates				Intermediate Pickleball 11:45-1:15pm		
1:00 PM	HALF GYM RESERVED Pickleball Private Lessons	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available	Open Gym Available	FULL GYM RESERVED May 19th 12:30-2:30pm Birthday Party
2:00 PM							HALF GYM RESERVED Shooting Machine Rentals w/reservation
3:00 PM							FULL GYM RESERVED 3:30-6pm Kids night Out (May 18th only)
4:00 PM	Open Gym Available	FULL GYM RESERVED Pick-Up Basketball (14+) 5:00pm-7:00pm	FRONT HALF GYM RESERVED Kid friendly gym time! Hoops will be lowered at this time for our younger basektball players 4-6pm	FULL GYM RESERVED May 16-June 20 5:15 pm-9pm	FRONT HALF GYM RESERVED Basketball private lessons 5:00pm-6:10pm	OTHER DAYS ARE OPEN GYM	FULL GYM RESERVED Pick-Up Volleyball 2nd 4th Sunday of every month 4:00-6:00pm
5:00 PM			Open Gym Available				Open Gym Available
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							

No reservations required, pick-up games welcome!

Occasional rentals and lessons may occur throughout the month, please call the Front Desk at 425.745.1617 to check availability.

*During open gym times, private lessons may occur on the front half of the gymnasium.

