

## About Silver Lake Junior Tennis



Silver Lake Junior Team offers year around tennis training for students ages three to eighteen. We offer beginner classes for every age. Aside from our developmental program that covers all ages, we offer a high performance program for ages ten to eighteen where students set their goals towards college tennis and beyond.

We strive to teach much more than tennis and are proud to offer you a program where our students feel more like a family than opponents. Simultaneously we strive to teach rock solid fundamentals, tactics, mental fortitude, physical fitness, and overall general health.

For questions, please contact Elliot Beam or Yevgeniy Kolomiyets at 425.745.1617.

### Elliot Beam

- Born and raised in the Puget Sound
- Former #1 Junior in the PNW and top 100 in the nation
- USPTA certified for 10+ years
- Passion for coaching players of all ages and levels
- Coached 3A State Champs in singles and doubles and Division 1 and 3 college players
- Enjoys hiking, basketball, golf and watching the Seahawks!



### Yevgeniy Kolomiyets

- USPTA Certified Tennis Professional
- NASM Certified Fitness Trainer
- 2019 NWAC Conference Champion in both singles and doubles for Bellevue College
- Competed in entry-level professional tournaments in South Florida
- Continues to play the Open/PNW Tournament circuit



## Registration:

Please include in email form the following information:

Student Name: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

Email Address\*: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

Important Information For Coaches: \_\_\_\_\_

\_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Class: \_\_\_\_\_

Total cost: \_\_\_\_\_

Please email:

Elliot Beam at [elliottb@columbiaathletic.com](mailto:elliottb@columbiaathletic.com)  
or Yevgeniy Kolomiyets at [yevk@columbiaathletic.com](mailto:yevk@columbiaathletic.com)

\*Email address is needed for confirmation purposes. Your email address will not be given to any second party.

## Policy and Procedure:

1. Students pay for their place in class. Limited number of participants per class. Proration only available when agreed upon in advance. (Example: family vacation, etc) - Rationale: Necessary for staffing, and planning purposes.
2. Drop-in available ONLY when space allows. Ask Elliot or Yevgeniy before attending class. Same goes for make-up classes.
3. Payment will be due before the first day of class to reserve your child's spot. Pricing will vary depending on the calendar.
4. Sessions follow the calendar year and typically run every 4 weeks.
5. Class advancement is primarily done quarterly.
6. Non-members who plan to take regular classes need to put a credit card on file by going to the Membership office.



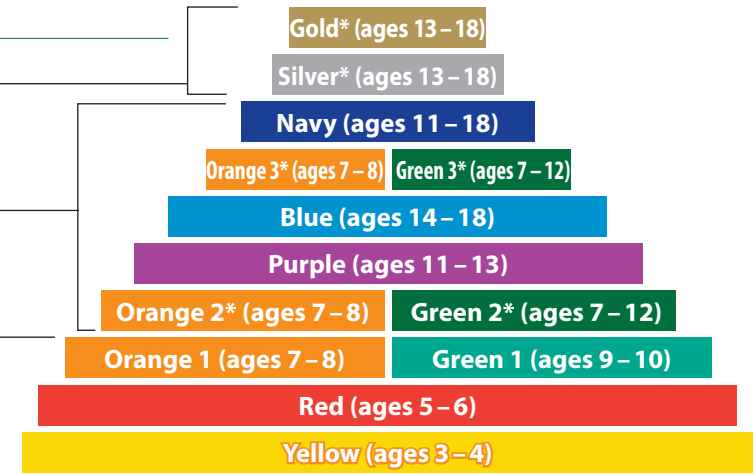
## Silver Lake Junior Tennis Program Fall 2024



[www.columbiaathletic.com](http://www.columbiaathletic.com)

 [www.facebook.com/cacjrtennis](https://www.facebook.com/cacjrtennis)

# Program Pyramid



## Competition 13 – 18 (Silver and Gold):

USTA & UTR tournament players, and Varsity H.S. players. Detailed skill enhancement, point play, mental coaching, fitness and team work built inside of a highly competitive yet cooperative environment.

## Developmental 11 – 18 (Orange 2 & Green 2, Purple, Blue, Orange 3, Green 3, Navy):

This section of our program is geared towards recreational players from beginner – intermediate. First time players through high school JV. Skill development, proper footwork, point play, and beyond!

## 10 & under (Yellow, Red, Orange, Green):

This is our 10 and under beginner – intermediate program. We use USTA standardized appropriate equipment and courts. We work on the motor skills and stroke skills to build a strong and wide foundation for future development. We use partner based drills vs. students standing in lines. They learn to enjoy the “art of the rally.”

**2024 Fall Session Dates:**

**Session VII: Sept. 9 – 29\***  
**Session VIII: Sept. 30 – Oct. 27**  
**Session IX: Oct. 28 – Nov. 24**  
**Session X: Nov. 25 – Dec. 22\*\***  
 \*3 weeks \*\*No class (11/28, 11/30, 12/1)

Please check the appropriate boxes

### Yellow

**Ages:** 3–4 36’ court/Foam & Red balls

#### Class Times:

Saturdays, 10–10:30am   
**Fees:** \$57 TM/\$67 AM/\$74 NM

### Red

**Ages:** 5–6 36’ court/Foam & Red balls

#### Class Times:

Wednesdays, 6–6:45pm   
**Fees:** \$69 TM/\$83 AM/\$90 NM

Saturdays, 10:45–11:30am   
**Fees:** \$69 TM/\$83 AM/\$90 NM

**Orange 1**  **Green 1**   
**Ages:** 7–8 **Ages:** 9–10  
 60’ court/ 60’ court/  
 Orange ball Green Dot ball

#### Class Times:

Mondays, 6–7pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

Wednesdays, 6–7pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

Saturdays, 11:30am–12:30pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

**Orange 2\***  **Green 2\***

**Ages:** 7–8 **Ages:** 7–12  
 60’ court/ 60’ court/  
 Orange ball Green Dot ball  
 \*Instructor approval needed \*Instructor approval needed

#### Class Times:

Tuesdays, 5:30–7pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

Saturdays, 1–2:30pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

**Orange 3\***  **Green 3\***   
**Ages:** 7–8 **Ages:** 7–12  
 60’ court/ Full Court/  
 Orange ball Green Dot ball  
 \*Instructor approval needed \*Instructor approval needed

#### Class Times:

Thursdays, 5:30–7pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

Saturdays, 1–2:30pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

**Purple**  **Blue**

**Ages:** 11–13 **Ages:** 14–18  
 Beg./Adv. Beg Beg./Adv. Beg

#### Class Times:

Mondays, 5–6pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

Wednesdays, 5–6pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

Sundays, 11:30am–12:30pm   
**Fees:** \$88 TM/\$106 AM/\$114 NM

### Navy

**Ages:** 11–18 USTA Beginner/H.S. JV

#### Class Times:

Mondays, 3:30–5pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

Wednesdays, 3:30–5pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

Sundays, 12:30–2pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

### Silver\*

**Ages:** 13–18 UTR 1+

#### Class Times:

Tuesdays, 3:30–5:30pm   
**Fees:** \$175 TM/\$210 AM/\$228 NM

Thursdays, 3:30–5:30pm   
**Fees:** \$175 TM/\$210 AM/\$228 NM

Sundays, 2:30–4pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

### Gold/High Performance\*

**Ages:** 13–18 UTR 3+

#### Class Times:

Tuesdays, 3:30–5:30pm   
**Fees:** \$175 TM/\$210 AM/\$228 NM

Wednesdays, 7–8:30pm   
**Fees:** \$132 TM/\$159 AM/\$172 NM

Thursdays, 3:30–5:30pm   
**Fees:** \$175 TM/\$210 AM/\$228 NM

\*For Silver and Gold/HP - Pro’s Approval needed

**Junior Match Play w/ Yevgeniy**  
 Sat., 2:30–4:30pm, Navy, Silver & Gold Levels  
**Fees:** \$20 TM/\$27 AM/\$34 NM  
 Sign up at the front desk.

Key: TM = Tennis Member, AM = Athletic Member, NM = Non-member  
**Prices based on a 4-week session. Prices subject to Washington State sales tax.**